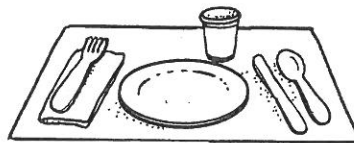


1
one

Ask your child to set the table with one fork, knife, spoon, plate, and so on at each person's place.

**1**
one

Eat one banana or one of some other item of food. Or serve one item of food to each family member.

1
one

Discuss how many items there are in one package; for example, a package of cookies.

1
one

Count the number of noses in your family. Help your child notice that there is one nose for each family member.

2
two

Make lists of things (write the words and have your child draw the objects) that come in twos: shoes, socks, eyes, hands, ears, arms, legs, bicycle tires, wings on a bird, and so on.

2
two

Collect coins and line them up in twos, counting each time "1, 2, 1, 2 . . ."

**2**
two

Working together with your child, go through a magazine or newspaper search for things that come in twos. Demonstrate how to page through the magazine, find an appropriate picture, cut it out, and glue it to an index card. On the back of the card, write the numeral 2.

3
three

Conduct a taste test using three foods. For example, place a small amount of three different cereals in three bowls. Taste each and describe the different tastes.

**3**
three

Help your child search the house to find things grouped in threes. Count the flowers in arrangements, the items on tables or shelves, and so on.

3
three

Make three-leaf clovers out of green construction paper.

**3**
three

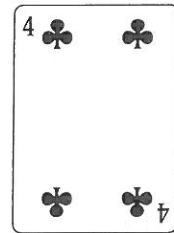
Retell the story of the "Three Little Bears." Help your child locate the appropriate props and use them in the retelling.

4
four

Make lists of things (write the words and have your child draw the objects) that come in fours: tires on a car, suits in a deck of cards, sides of a square (or rectangle or trapezoid), legs on a table, legs on a dog or cat, the primary directions (north, south, east, west), the four seasons (winter, spring, summer, fall), and so on.

4
four

Go through a deck of cards, sorting them into two piles: the ones that have a 4 on them and all the others.



4
four

Look through magazines and newspapers for the number 4 and circle them. Pay particular attention to how 4 appears in different fonts—sometimes the top is closed and sometimes it's open.



5
five

Place several small objects on the table. Ask your child to put them into groups of five. Then help him or her count the groups by fives. Pennies work well for this activity.

5
five

Make a "What Is Five?" poster. Using a large piece of paper, write the title at the top. Then challenge your child to draw appropriate things on the poster. Your child might trace his or her hand or draw a five-pointed star or a nickel.

5
five

Give your child five small objects, such as straws, toothpicks, or sticks. Ask him or her to arrange them in different ways. Then notice how the objects are grouped; for example, three might be closer to the right side than the other two. Comment on the different groupings that create a group of five.

6
six

Make lists of things (write the words and have your child draw the objects) that come in sixes: soda cans or fruit juice six-packs, half of a dozen eggs, sides on dice, sides on boxes.

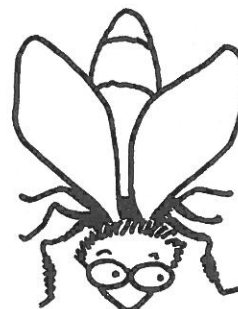
6
six

Go through a deck of cards, sorting them into two piles: the ones that have a 6 on them and all the others.



6
six

Count the legs on insects.



7
seven

Play Seven, Seven, Let's Do Seven. Tell your child to do seven repetitions of a motion, such as jumping seven times or walking seven paces.

**7**
seven

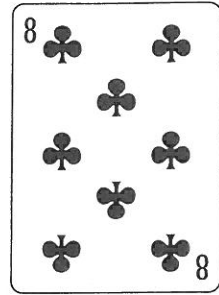
Roll play dough to create snakes that are exactly 7 inches long. If reading the ruler is difficult for your child, cut a strip of paper 7 inches long and use that to measure. After creating seven snakes, coil them to make a group of seven snakes!

7
seven

Play Search for Seven: Tell your child to find seven objects in a particular category, such as cans, bowls, or cups. After he or she finds seven objects, he or she must return them.

8
eight

Go through a deck of cards, sorting them into two piles: the ones that have an 8 on them and all the others.



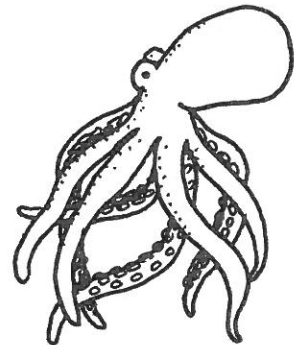
8
eight

Count the sides of a stop sign.



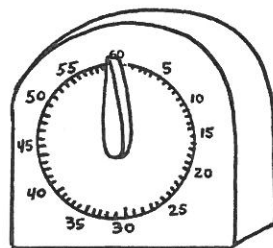
8
eight

Count the tentacles on an octopus or the legs on a spider.



9
nine

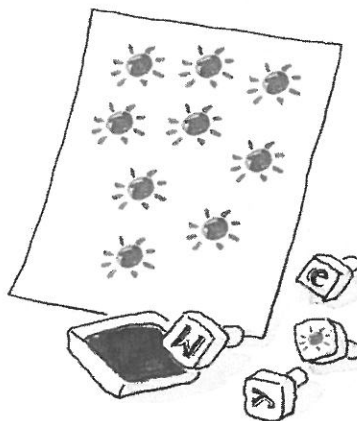
Set a timer for nine minutes. Assign a task that can be completed in that length of time. Announce the passing of each minute.

**9**
nine

Give your child some string and beads. Challenge him or her to string together nine beads. Have him or her wear the bead necklaces and count the number of beads for other family members.

9
nine

Use rubber stamps and inkpads to stamp pictures of nine objects. Put nine stamps together in a group. Use adding-machine tape or long strips of paper to stamp the pictures in a line.



10
ten

Go through a deck of cards, sorting them into two piles: the ones that have a 10 on them and all the others.

**10**
ten

Collect several books. Have your child look through each book and place a sticky note beside each 10.

**10**
ten

If you have a collection of pennies, use them to help your child count by 10s. First, count out 10 pennies and stack them. Repeat until you have 10 stacks. Then teach your child how to count by 10s: 10, 20, 30, 40, 50, 60, 70, 80, 90, 100.